



# COMMUNITY RESOURCES

## FOUNTAIN HILLS

FH FIRE DEPARTMENT (NON-EMERGENCY) 480-87-9820  
MSCO (NON-EMERGENCY) 480-837-2047  
HOME DELIVERED MEALS 480-816-5229  
GIVE A LIFT 480-816-5108  
EXTENDED HANDS FOOD BANK 480-837-0303  
HOME INSTEAD SENIOR CARE FH 480-500-6550

## STATEWIDE

AZ 24HR. HELPLINE FOR SENIORS 602-264-4357  
DIAL 2-1-1 FOR COVID-19 UPDATES  
[ARIZONATOGETHER.ORG](https://www.arizonatogether.org)  
BANNER HEALTH 1-844-549-1851  
[MAYOCLINIC.ORG](https://www.mayoclinic.org)  
ARIZONA DEPARTMENT OF HEALTH  
[WWW.AZDHS.GOV](https://www.azdhs.gov)  
MEALS ON WHEELS AZ  
[WWW.MEALSONWHEELSAMERICA.ORG/FIND-MEALS](https://www.mealsonwheelsamerica.org/find-meals)  
DUET SENIOR CARE 602-274-5022  
AREA AGENCY ON AGEING 602-264-4357  
ST. MARY'S PANTRY 480-291-3237  
SCOTTSDALE SENIOR OUTREACH 480-312-5811  
VERDE CARES 480-471-8944  
TEMPE NEIGHBORS HELPING NEIGHBORS 480-381-8336  
ABOUT CARE (CHANDLER/GILBERT) 480-802-2331