

Counseling Services

There are organizations in Arizona that provide counseling services for free or at a reduced cost. Always check with your medical insurance company to see if they cover counseling as well. Each organization has different eligibility requirements and some may follow federal income guidelines for eligibility. Refer to Churches/Worship centers as well.

Area Agency on Aging (counseling service for many problems including health promotions, legal issues, substance abuse, behavioral health issues etc. (602) 264-4357
24/7 Senior Helpline

Family Services Agency (counseling for many behavioral health, substance abuse issues. (602) 264-9891
Accepts insurance.

New Turning Point Women's Center, Gilbert (free) (480) 586-6896

Sojourner Center for women and children (Domestic Violence help and sheltering) (602) 244-0089

Chrysalis Outpatient Counseling (602) 944-4999
Phoenix/Crisis/client advocate

National Domestic Violence Hotline (800) 799-7233
(advocate and referral service 24/7)

Kelly Carlson, Christian Family Care (480) 734-7870
(fee for service; in Fountain Hills)